

Part of Adirondack North Country Race Weekend 2011!

3rd Annual Saranac Lake Downtown Criterium

New York State Criterium Championship!

Rt. 3 and Main Street, Saranac Lake, NY, Sunday, June 12, 2011

Presented by Team Placid Planet

USCF Permit 211-773



| Category | Start Time | Laps/Distance | Field Limit | Entry fee | Prizes/Places | NYS Championship Medals for top 3 NYS residents/ Champions' Jerseys? |
|--|------------|---------------|-------------|-----------|---|---|
| Junior Boys and Girls 10-14 (B10-12, 13-14; G10-12, 13-14) | 8:30AM | 12/6.6 mi. | 50 | \$10 | LAJORS medals/3 per age/gender group | No; Junior Championships are in Nassau area (SE of Albany) weekend of June 4-5 |
| Men's Cat 5 | 9:00AM | 27/15 mi. | 50 | \$30 | Medals/5 | Not eligible |
| Junior Boys 15-16/ 17-18 | 9:45AM | 27/15 mi. | 75 | \$10 | LAJORS medals, merchandise/3 ea. | No, June 4-5 in Nassau, SE of Albany |
| Women's Cat 4/Jr Women 15-18/Women's Masters 45+/55+ | 10:30AM | 27/15 mi. | 50 | \$30 | W Cat 4: medals/3; Jr. Women: LAJORS medals/3; Masters Women 45+/55+: merch. 3 each | Cat 4 women not eligible; Jr. Women's Championships June 4-5 in Nassau; 1 set/jersey each for Masters Women 45+ and 55+ |
| Kid's Crit | 11:15AM | Various | 25 | Free | Ribbons | No, but keep at it, kids! |
| Men's Cat 3/4 | 11:35AM | 36/20 mi. | 75 | \$30 | \$300/5 | 1 set plus jersey/each cat |
| Men's Masters 55+/60+ | 12:30 PM | 27/15 mi. | 75 | \$30 | \$150/3; \$100/3 | 1 set/jersey each age group |
| Men's Masters 35+/45+ | To follow | 36/20 mi. | 75 | \$30 | \$400 total/3 each field | 1 set/jersey each cat |
| Women's 1/2/3/U23/Masters 35+ | To follow | 36/20 mi. | 75 | \$30 | \$300/5 | 1 set/jersey each for W1/2/3, U23, and W35+ |
| Men's Pro 1/2/3/U23 | To follow | 50/30 mi. | 75 | \$30 | \$700/10 | 1 set/jersey each for 1/2 and U23 |

Course: Fast, exciting, .55-mile circuit with three left-hand turns. Start/finish at Main Street/Broadway, top of hill near Hotel Saranac. North on Broadway down hill, flat run-out to 90-degree left on Dorsey (very slight uphill grade), left on Rt. 3 (moderate downhill), left back onto Main Street (moderate uphill) to finish.

Registration/Entry Fees: \$30 online pre-registration on www.BikeReg.com (closes June 10, 10pm). \$10 entry for Juniors (includes 1-day license). Race-day registration available from 7:15 AM until 20 minutes before each race: all fields except Cat 5 Men's, Cat 4 Women's, and Juniors add \$15 surcharge. Cat 5 Men and Cat 4 Women without USCF or UCI annual license must purchase a one-day license for an additional \$10.

****Canadians welcome but MUST HAVE UCI LICENSE AND ID!****

Notes:

- Organizer reserves right to combine or separate categories based on rider turnout. Race official will announce prior to race.
- The following categories will start together with separate scoring and prizes: 1)Cub Jr. Boys and Girls 10-12, 13-14; 2)Women's Cat 4/Jr Women 15-18/Women's Master's 45+/55+; 3)Men's Masters 55+/60+; 4)Men's Masters 35+/45+.
- Junior races are part of LAJORS (Lance Armstrong Junior Olympic Road Race Series); series points and medals will be awarded.
- All USCF rules apply. Approved helmets required. No aero bars or sleeveless shirts. No mt. bikes or straight bars except in Jr. 10-14 races. All bikes ridden by Junior (age 10-18) racers need Jr. gear restrictions (ask promoter or officials before race if in doubt).
- Follow signs for racer and spectator parking; map will also be made available on website (see below).
- Warm up for all racers is on Riverside Drive and Kiwassa Street (across Rt. 3 from race. Look for signs). Or bring your trainer.
- Wheel pit is just after start/finish line. Wheels in, wheels out.

Location: Rt. 3 and Main Street, Village of Saranac Lake, NY. **NOTE: Allow extra time coming through Lake Placid on race day and avoid downtown Lake Placid due to the Lake Placid Marathon, which is being held early on the same day as our crit.**

Contacts: Register at BikeReg.com. For more inclusive race information visit the team website at www.teamplacidplanet.org. Please email specific questions to Jim Walker at jameswalker3@yahoo.com

